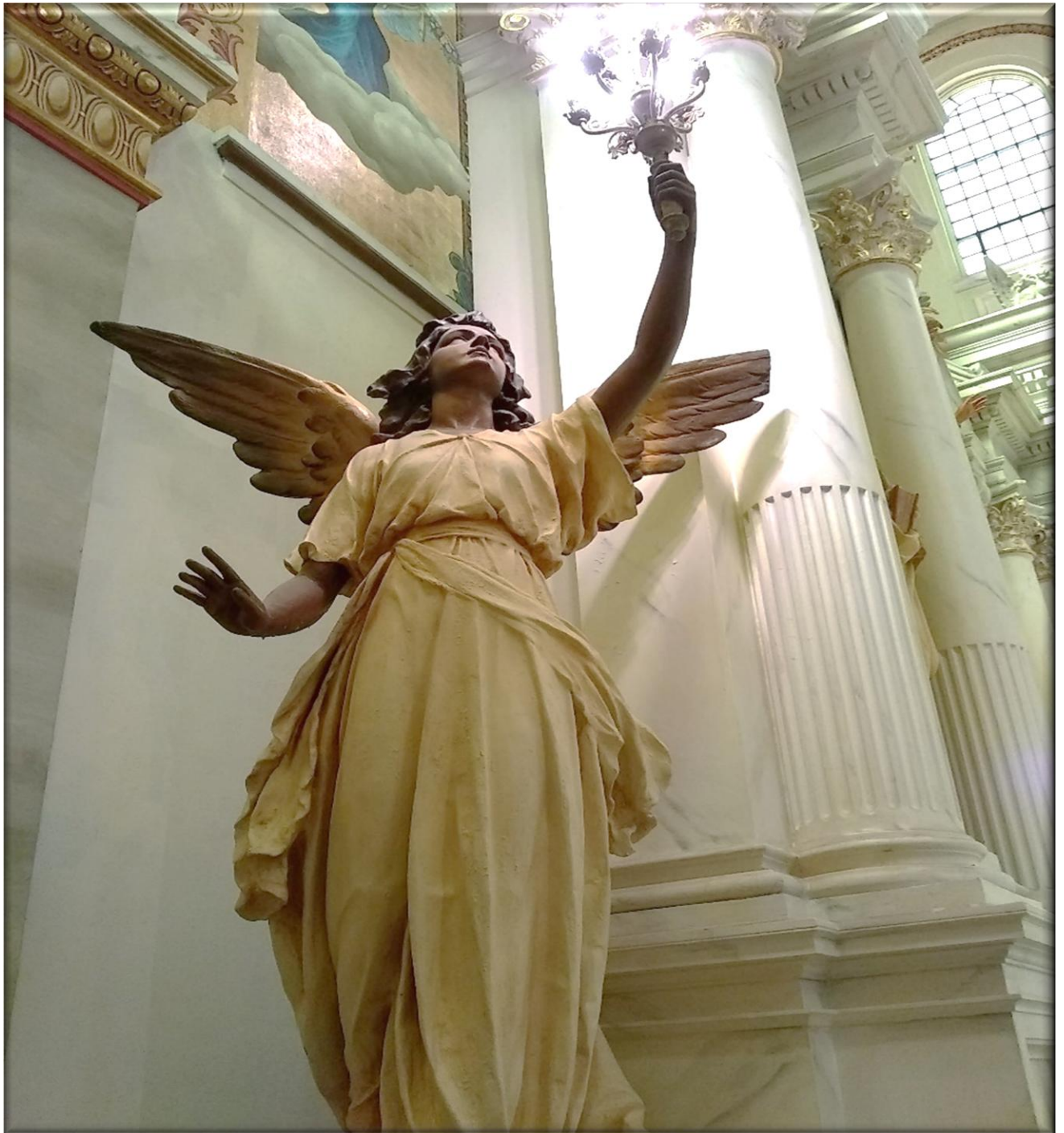

St. Charles Borromeo Catholic Church
THE VIGIL

Sunday, February 01, 2026 (Year A)

Fourth Sunday in Ordinary Time



Thoughts for Today's Readings "With a Prayer..."

Sunday Food for Your Soul

The Good Life

Jesus took special notice of the “disadvantaged” people, as our culture likes to call them. On Sunday we will hear him explain that the most blest people are the poor [in spirit], the ones who grieve, the ones who are meek, the ones hungry and thirsty for fairness [“righteousness”], the merciful, and the peacemakers.

It is easier to see why the peacemakers and the merciful and the ones hungering for fairness deserve blessedness. These are people we already admire. But the poor? And those who grieve? Oh, and I forgot about the ones whom people insult and persecute and utter every kind of evil falsely against because of Jesus.

Ouch.

Most of us would have compiled just the opposite list. Blest are you if you are rich. Blest are you if never have to grieve over losing someone you love. Blest are you if you are admired and free of enemies and spoken well of at all times. Don't these sound much more like the good life we want for ourselves and our friends?

Yes, in a way. But isn't there a danger in these wonderful sounding states of life. Riches and honor can be lures that lead away from love. If I am rich I am tempted to let that be my identity, external though it is. If I am highly admired I might well be enticed to believe that I actually am what people say about me. Either of these can lead to pride, which in this case means paying attention only to myself and what pleases me.

If this happens, and if it leads to the bad kind of pride, still a quiet voice inside us will cry, “I am your real self and you have covered me over. You are smothering me. Help!”

God loves each of us in this “real self.” It is the part of us that God knows best and loves most. God calls us to be what we really are, persons who are loved as we are, and who love in return. What we own, how honored we feel, how swollen up with pride we are—these are undependable. They get in the way, sometimes tragically. God's Spirit dwells deeper within us, and if we learn to live from that inner spot we will find we are living lives of peace and fruitfulness.

That is why the beatitudes make deep sense. If we do learn to live from the home within us, we will find God's love there. And we will find also love of others, comfortably dwelling with it. This will be true even if poverty and insults are our external condition.

It takes a while to learn, sometimes a great while. Watch Jesus if you want to know what it is like.

Sunday Community Dinners... As one of our most important ministries to our members and neighbors, we have been blessed. We are in need of more. If you and your group would like to sponsor a meal, please contact Georgia Kingsley via the rectory. **Today, Sunday, February 1, 2026: The Rosary Group; February 8, 2026: Patty Gillis and Crew; February 15, 2026: SPONSOR NEEDED; February 22, 2025: Freddie Henry & Family; March 1, 2026: Kim and Steve Llorens; March 8, 2026: Soup Potluck; March 15, 2026: Detroit Black Catholic Ministries**

Nativity Pantry News: We are grateful for your continued support of the pantry. Your weekly donations make a difference. This week we need Cereal Soup, and Bags of Individually Wrapped Valentine Candy. Again, thank you never seems to be enough, but THANK YOU!

Repent, for the kingdom of heaven is at hand."



Christ, our teacher, you are a peacemaker.

*You hunger and you thirst for justice. Yet you are meek and
merciful and strong and powerful in all that counts.*

Please be a blest beatitude for each of us.

Let us live in you and be beatitudes for one another.

**PRAY FOR THE
HEALING PRESENCE**

Jean-Marie Allion
Anderson and Miller Family
Paul Andreacovich
Kathy Ayoub
Mary Canaday
Jane Colombo
Kyle Duker
Jim Dutkiewicz
Doris Franklin
Anna Grabowski
Nancy Hayes
Jim Howard
Evelyn Hughes
Bertha Jackson-Hyde
Michelle Koss
Steve Lamendola
Maureen Lange(
Michael Martin
Jacqueline Morant
Gloria Parham
Ronald Parham
Vertis Park, Sr.
Earlene Park-Williams
Orlando Richardson
Aaron Scott
Cherise Sweeney
Karen Seyboldt
Jonathan Taylor
Tommy Traylor
Anna Tyler
Guillerma Villanueva
Eldora White

TODAY'S READINGS

Zephaniah 2: 3 & 3: 12-13
(Seek the Lord)

Psalms 146: 6-7, 8-9a, 9bc-10
(Bounty of the Lord)

First Corinthians 1: 26-31
(Boast in the Lord)

Matthew 5: 12a
(Rejoice and Be Glad)

Matthew 5: 1-12a
(A New Teaching)

**The Holy Father's Intentions
for the Month of
February 2026**

**For children with incurable
diseases**

Let us pray that children suffering
from incurable diseases and their
families receive the necessary
medical care and support, never
losing strength and hope.

READINGS FOR THE WEEK

Mon., Feb. 02: Malachi 3: 1-4; Psalm 24: 7, 8, 9, 10; Hebrews 2: 14-18; Luke 2: 32;
Luke 2: 22-40

Tues., Feb. 03: Second Samuel 18: 9-10, 14, 24-25a, 30 – 19: 3; Psalms 86: 1-2, 3-4, 5-6;
Matthew 8: 17; Mark 5: 21-43

Wed., Feb. 04: Second Samuel 24: 2, 9-17; Psalm 32: 1-2, 5, 6, 7; John 10: 27;
Mark 6: 1-6

Thurs., Feb. 05: First Kings 2: 1-4, 10-12; First Chronicles 29: 10, 11ab, 11d-12a, 12bcd;
Mark 1: 15; Mark 6: 7-13

Fri., Feb. 06: Sirach 47: 2-11; Psalm 18: 31, 47 and 50, 51; Luke 8: 15; Mark 6: 14-29

Sat., Feb. 07: First Kings 3: 4-13; Psalm 119: 9, 10, 11, 12, 13, 14; John 10: 27;
Mark 6: 30-34

Sun., Feb. 08: Isaiah 58: 7-10; Psalm 112: 4-5, 6-7, 8-9; First Corinthians 2: 1-5;
John 8: 12; Matthew 5: 13-16

MASS INTENTIONS

February 1, 2026
Santa Toarmina
Thomas Nahas
Shawn Eric Alford

February 8, 2026
Jon Harvey
Richard Jarvis

February 15, 2026
Angela McDonald
Angela Dearing

February 22, 2026
Michael Rachal
Vicky Scott

STEWARDSHIP MINUTE

Giving *Stewardship*

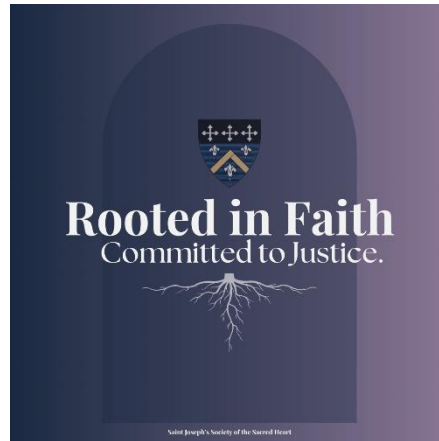
*"Blessed are the poor in spirit, for theirs is
the kingdom of heaven."* MATTHEW 5:3

The phrase "poor in spirit" can be
confusing. Think of it in this sense – poor in
spirit means depending on God's providence
and not depending on our own self-reliance.
Being detached from earthy things (power,
money, and comfort) and being attached to
heavenly things (charity, sacrifice, and
mercy). Denying ourselves from satisfying
our desires and helping others through
Stewardship to obtain their basic needs.

**COLLECTION INFO
01/25/26**

Collection \$ 625.58
Online \$ 1,327.00

TOTAL \$ 1,952.58



With great sadness, we, the Community of the Saint Joseph Society of the Sacred Heart (The Josephites), including our members and the faithful in our parishes continue to grieve the loss of human life, including the recent deaths of Renée Nicole Good and Alex Jeffrey Pretti at the hands of federal immigration enforcement agents in Minneapolis. These deaths have caused deep pain within our families and our communities and we call for justice and accountability.

Additionally, we continue to be confronted with a callous disregard for human life and dignity, driven by racism and xenophobia that targets Black and Brown people. As a people of faith who are grounded in the Gospel, we reaffirm the sacred dignity of every human life, created in the image and likeness of God. We have a teaching and tradition of embracing and welcoming immigrants. We support their presence and encourage their flourishing.

In this moment, we call upon all of God's people to respond with prayerful hearts, earnest reflection, and bold conscience.

We invite you to join us in prayer to seek a peace that only Christ can give, and to pray for healing for the wounded and grieving. We especially encourage praying of the rosary for mercy and justice in our land, and seeking the intercession of our Blessed Mother.

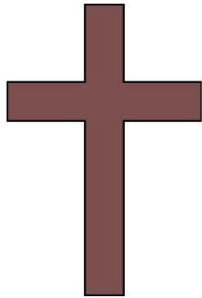
Let us ask ourselves: How am I being called to act in this moment? The Holy Spirit emboldens us to be instruments of peace, protectors of life, and faithful advocates for those who are rendered powerless by injustice.

Let us both pray and move toward faithful action:

- Contact your elected officials — urge them to uphold human dignity, protect the vulnerable, and insist on transparency and accountability from all authorities. House and Senate switchboard number: (202) 224-3121
 - Tell policy makers to resist policies and practices that dehumanize our neighbors.
 - Actively Support peaceful and lawful efforts toward reform and reconciliation.
-

MLK SERVICE DAY

2026 
ST.CHARLES/NATIVITY YOUTH



Parish Nurse News and Notes

Caring for Your Heart

February is often known as Heart Health Month, a good reminder that our hearts deserve daily care. Scripture reminds us that our bodies are temples of the Holy Spirit (1 Corinthians 6:19), and caring for our physical health helps us better serve God and one another.

Simple habits can make a big difference: stay active with regular exercise, choose heart-healthy foods like fruits, vegetables, and whole grains, manage stress through prayer or quiet reflection, and keep regular checkups with your healthcare provider. If you smoke, consider seeking support to quit, and be mindful of blood pressure and cholesterol levels. Taking small steps today can strengthen your heart for years to come. If you have questions or need health resources, I am always happy to help.

We were sorry we had to cancel last week's Blood Pressure screening , but the weather conditions were bad and driving conditions were dangerous at times. Our next blood pressure screening will be on February 22, 2026 after [mass. We](#) need volunteers to help us, if you are interested ,see me after church . You will have to take a protecting God's children class before volunteering.

Our pre-diabetes class is ongoing.

*Peace. Your Parish Nurse
Mary Catherine Wright RN*

ST. CHARLES BORROMEIO CHURCH

1491 Baldwin Avenue
Detroit, MI 48214

January 14, 2026

Regarding: Updated Protecting God's Children Information from the Archdiocese of Detroit

ARCHDIOCESE OF DETROIT RE-CERTIFICATION POLICY

(Revised January 2026)

To work or volunteer in the Archdiocese of Detroit, all clergy, staff, and volunteers:

- Must attend original 3 hr. VIRTUS® "Protecting God's Children" Adult Awareness Session,
- **Must re-certify every three years on/or before the expiration date on the face of their current certificate. See the sample dateline below. The participant has 30 days after their expiration date to complete the recertification; if not, they must be inactivated in VIRTUS and will not be able to work or volunteer until completion of training.**

| <u>"Protecting God's Children" Training</u> | <u>1st Recertification Year</u> | <u>2nd Recertification Year</u> |
|---|---------------------------------|---------------------------------|
| 2023 | 2026 | 2029 |
| 2024 | 2027 | 2030 |
| 2025 | 2028 | 2031 |
| 2026 | 2029 | 2032 |

Option #1 Retake VIRTUS® 3 hr. "Protecting God's Children."

Option #2: VIRTUS® 30 minute "Teaching Boundaries and Safety Online Module 2.0" Recertification

Participants whose current certificate has not yet expired may attend 30 minute. "Teaching Boundaries and Safety Online Module 2.0" recertification. This module is an online training that provides best practices for employees, volunteers, caring adults and parents, equipping them on how to be better protectors of children, and on how to teach children to better protect themselves. This online module builds from the foundation of the Teaching Boundaries and Safety Guide™, and provides easy conversation starters, bulleted tips and quick summaries of pertinent information.

Important Notice

Participants must keep their original VIRTUS® Protecting All God's Children and any additional recertification certificates as proof of compliance, which can be located when logging into the VIRTUS platform. Only a "copy" of the certificate should be given to the parish/school where you work or volunteer.

*The Office of Safe Environments will be performing a **mass deactivation on January 30th at 11am (EST).** Anyone who has not logged into their VIRTUS account in the last four years will be inactivated. We are conducting this mass deactivation because the recertification requirement is every three years, and anyone who hasn't logged into their VIRTUS account in four+ years is out of compliance.*

Anyone who is in a volunteer role needs to have in their roles and location box indicate whether or not they volunteer 3 or more times a year OR if they volunteer three or less times a year as it is required that we track this information per the USCCB.

If you have any questions please contact me at the parish office.

Rhonda Gilbert
Pastoral Associate

313.331.0253 (phone) 313.331.4834 (fax) stcharlesborromeodetroit@yahoo.com
www.stcharlesdetroit.org

If you have any questions about Protecting God's Children, including your account, requirements, restarting your registration, or requirements you must meet to work or volunteer at St. Charles, please see Marian Harvey.

Detroit Eastside Family Parish Information and Mass Times

St Charles Borromeo Detroit

1491 Baldwin

Detroit, MI 48214

313-331-0253

www.stcharlesborromeodetroit.org

stcharlesborromeodetroit@yahoo.com

Sunday: 11:30am

Friday: 11am in rectory

Live Stream & YouTube

Nativity of Our Lord

5900 McClellan

Detroit, MI 48213

313-922-0033

www.nativitydetroit.org

nativityol@sbcglobal.net

Sunday 9:30am

Thursday: Holy Hour 8am; Mass 9am

Live Stream and YouTube

St Augustine & St Monica

4151 Seminole

Detroit, MI 48214

313-921-4107

www.saintamparish.org

office@saintamparish.org

Sunday: 10am

Wednesday: 9am

St. Jude

15889 Seven Mile E ·

Detroit, MI 48205

313-527-0380

stjudedetroit.org

Sunday: 10:30am

Saturday: 4pm

Sacred Heart

1000 Eliot St.

Detroit, MI 48207

313-831-1356

www.sacredheartdetroit.com

info@sacredheart.com

Sunday: 8am and 10am

Tuesday: 5pm

Saturday: 5pm

St. Elizabeth

3138 E. Canfield St.

Detroit, MI 48207

313-921-9225

www.stelizabethdetroit.org

saintelizabethchurchofdetroit@gmail.com

Sunday: 12:00pm

St. Raymond – Our Lady of Good Council

20103 Joann

Detroit, MI 48205

313-527-0525

www.straymondolgc.org

Sunday: 10:30am

Tuesday: 8:30am

Thursday: 8:30am

Our Lady Queen of Heaven/Good Shepherd

8200 Rolyat St.

Detroit, MI 48234

313-891-4553

ourladyofgoodshepherd.org

Sunday: 9am

Tuesday: 10:30am

Thursday: 10:30am

Friday: 10:30am

Saturday: 4pm

February 2026

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|------------------------------------|---|---|---|---|--|
| 1 11:30am Mass <i>Community Meal</i> Diabetes Class | 2 | 3 | 4 Bible Study 6pm | 5 Faith & Fellowship 4:30pm-7pm Online PGC 6pm | 6 11am Mass in Rectory | 7 In-Person PGC Holy Name Parish Birmingham 9am |
| 8 11:30am Mass <i>Community Meal</i> Diabetes Class | 9 | 10 Blvd. Ministry Visits 10am | 11 Bible Study 6pm | 12 Faith & Fellowship 4:30pm-7pm | 13 11am Mass in Rectory | 14 |
| 15 11:30am Mass <i>Community Meal</i> Diabetes Class | 16 | 17 Blvd. Ministry Visits 10am Online PGC 6pm | 18 Ash Wednesday Mass at St. Charles 6pm | 19 Faith & Fellowship 4:30pm-7pm | 20 11am Mass in Rectory | 21 |
| 22 1st Sunday of Lent 11:30am Mass <i>Community Meal</i> Diabetes Class Blood Pressure Screening | 23 Online PGC 6pm | 24 | 25 Bible Study 6pm | 26 Faith & Fellowship 4:30pm-7pm | 27 11am Mass in Rectory | 28 |
| | | | | | | |

St Charles Borromeo

1491 Baldwin St., Detroit, MI 48214
(313) 331-0253 (Fax 313-331-4834)

St. Charles Office Hours:

Monday, 10am to 3pm
Tuesday, Wednesday, Thursday, 9am to 4pm
Friday, 9am to 3pm

Pastoral Team

Fr. Francis Asomkase, SSJ, Priest in Solidum and Moderator
Fr. Richard Baumann, Priest in Solidum
Reverend Charles Nwamadi, SSJ, Priest in Solidum
Fr. David Preuss, OFM, CAP, Priest in Solidum
Deacon Joseph Jones
Edward Cotton – Mission Support Director
Rhonda Gilbert – Pastoral Associate
Joan Jacobs & Angie Kadowaki – Boulevard Ministry Ministers
Mary Catherine Wright – Parish Nurse

Council Members: Naim Edwards (Chairperson), Angela Kadawaki, Dennis Ballard (Vice-Chairperson), Patricia Ballard, Alex Grabowski, Marian Harvey (Secretary), Freddie Henry, Mary Ellen Howard, Bruce McDonald, Mikhail Perkins, Richard Preuss, Linda Simpkins

**AOD Restructuring
St. Charles Parish
Leaders**

Doris Allen
Alex Grabowski
Joan Jacobs
Bruce McDonald
Richard Preuss

**Parish Point Person of
Contact**

Rhonda Gilbert

St. Charles Mission Statement

St. Charles Borromeo, a diverse urban parish of Detroit, is rooted in Christ's Gospel and Catholic tradition. We strive to build a community of faith through education, worship, and evangelization. We are called to carry on Christ's ministry to our brothers and sisters, especially the sick and their families, the elderly, youth, and the disabled. With Mary as our example of unconditional love, we strive to welcome everyone to share joyfully in the peace, love and salvation of Jesus Christ. We acknowledge that it is the Holy Spirit who calls and empowers us, who strengthens and renews us, and who gives us the will to continue our mission, until Jesus comes.

St Charles Website: www.stcharlesdetroit.org
Email: stcharlesborromeodetroit@yahoo.com

Facebook: St. Charles Borromeo Parish - Detroit MI
YouTube: www.youtube.com/@st.charlesborromeodetroit



Online Giving

Go to the giving site at:

<https://giving.parishsoft.com/app/giving/stcharlesdetroit>