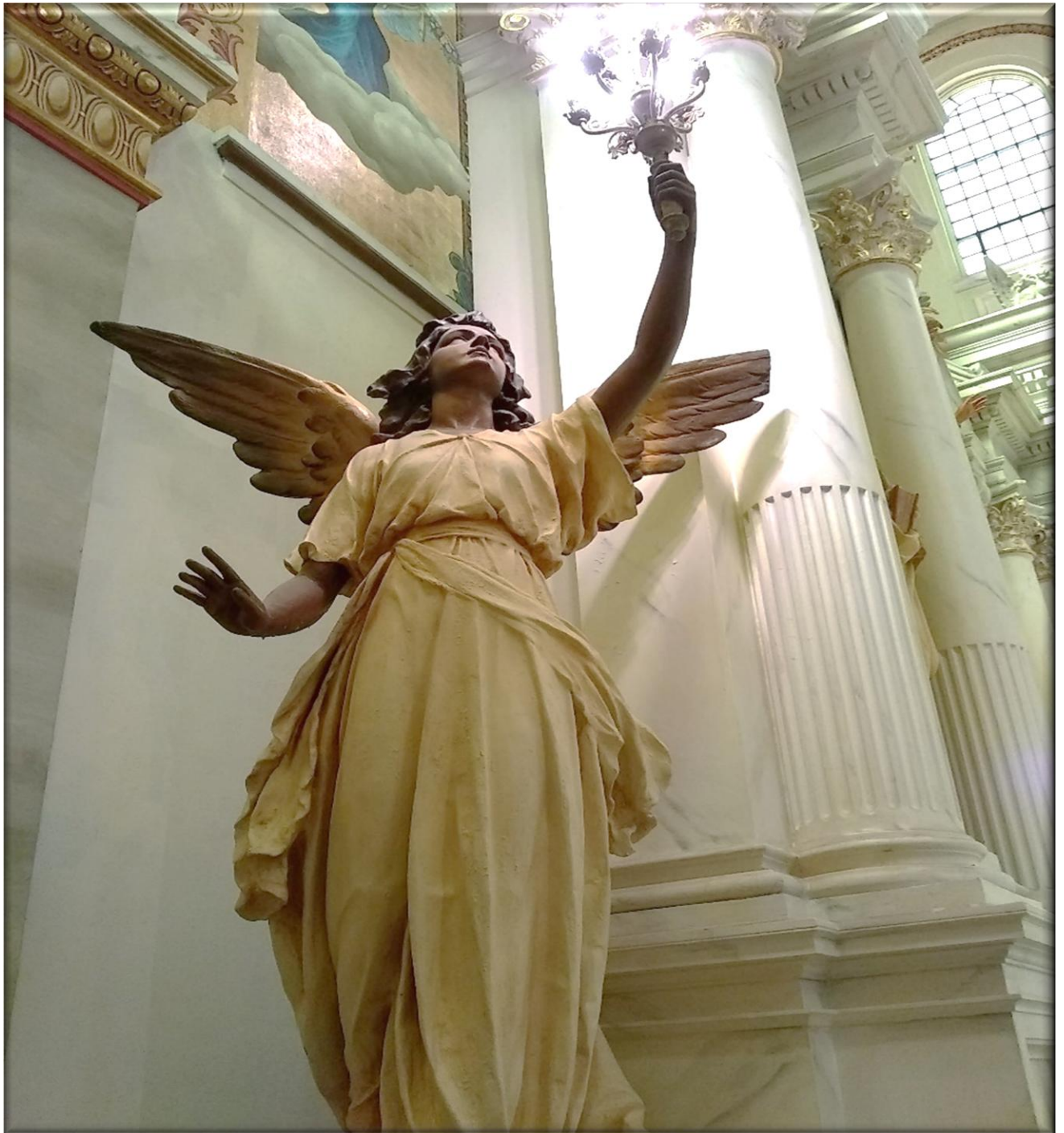

St. Charles Borromeo Catholic Church
THE VIGIL

Sunday, February 08, 2026 (Year A)

Fifth Sunday in Ordinary Time



Thoughts for Today's Readings "With a Prayer..."

Sunday Food for Your Soul

Following Jesus

In the Gospels of the last four Sundays we have been following the story of Jesus' early career. He went to be baptized. Then he moved to Capernaum from Galilee when John the Baptist was killed, and there he chose his apostles (who somehow knew him as the one to follow). Last Sunday we heard part of his "inaugural address," the beatitudes.

Now he begins to instruct the disciples about how to be his followers.

In this week's Gospel Jesus says: be what you are. If you are salt then don't lose your flavor of salt. If you are a lamp then don't put a basket over yourself so no one can see your light. Give savor. Give light.

This is consoling advice. You get to be yourself.

But would the disciples have followed Jesus if they had known what it really means to "be yourself"? The [First Reading](#) gives a hint. It says to share your bread with the hungry. Shelter the oppressed and the homeless. Clothe the naked. Do not turn away from your own. This is how you let your light shine in the darkness. This is how Jesus enlightened the world. He even went to death for it. Isn't this the meaning of "becoming yourself"?

A big assignment.

Today the definition of "being me" can sound like selfishness. "I get to do whatever I want to do." "Take care of number one." "If it feels good, do it." And so on.

In today's culture of the United States, one of the classic songs made popular by Frank Sinatra is "I Did It My Way," co-written by Sinatra and Paul Anka.

*I planned each charted course,
each careful step, along the byway,
and more, much more than this,
I did it my way.*

And so on. The main message is that "I" have succeeded in life as long as I did everything "my way." There is a backdrop of fear here, something about not being free to be myself; to have to do everything according to someone else's design. The world and its population are very, very large and it is no surprise that mass production and mass advertising and mass purchasing give us the feeling that we are just cogs in a giant, international, industrial wheel, worth nothing in ourselves but contributing to the market as long as we do and buy what we are supposed to. So, "to do it my way" is a statement about facing down the great machine and defying it outright.

But the scriptures assume the opposite. They suppose that every human being is created with a unrepeatable, deep, interior shape. Rather than fighting to do my own will no matter what, I need to allow the Spirit of God to find a home deep within my space. This is the Spirit of loving, of respect, of forgiveness. It is God. You and I are built to be at one with this presence. Becoming myself means becoming what I was built to be: a home for the Spirit of Jesus, of God.

God's love will become us. It will help us find ourselves as what we really are deep down: givers of food, helpers to the homeless, forgiving and loving members of society.

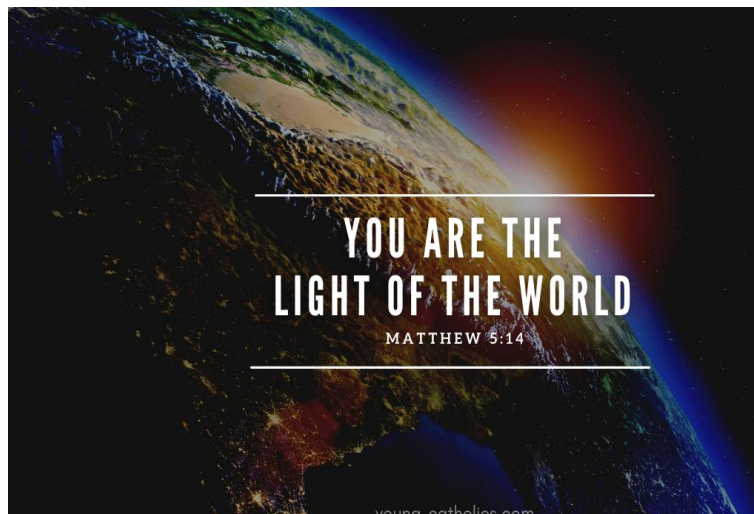
In other words, we will become truly ourselves.

John Foley, SJ
St. Louis University

Sunday Community Dinners... As one of our most important ministries to our members and neighbors, we have been blessed. We are in need of more. If you and your group would like to sponsor a meal, please contact Georgia Kingsley via the rectory. **The Rosary Group; February 8, 2026: Patty Gillis and Crew; February 15, 2026: SPONSOR NEEDED; February 22, 2025: Freddie Henry & Family; March 1, 2026: Kim and Steve Llorens; March 8, 2026: Souper Sunday Soup Potluck; March 15, 2026: Detroit Black Catholic Ministries**

Nativity Pantry News: We are so grateful for your continued support of the pantry. **This week we need pork & beans, mac & cheese and Valentines Candy.**

“Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.” - Matthew 5:16



***Lord, our God, by His nature, Jesus is the Light of the World and Salt of the Earth. By grace, we are called light and salt. May we be the lamp of hope for those who live in darkness. We ask this through Christ our Lord.
Amen.***

**PRAY FOR THE
HEALING PRESENCE**

Jean-Marie Allion
Anderson and Miller Family
Paul Andreovich
Kathy Ayoub
Mary Canaday
Jane Colombo
Kyle Duker
Jim Dutkiewicz
Doris Franklin
Anna Grabowski
Nancy Hayes
Jim Howard
Bertha Jackson-Hyde
Michelle Koss
Steve Lamendola
Maureen Lange(
Michael Martin
Jacqueline Morant
Gloria Parham
Ronald Parham
Vertis Park, Sr.
Earlene Park-Williams
Orlando Richardson
Aaron Scott
Cherise Sweeney
Karen Seyboldt
Jonathan Taylor
Tommy Traylor
Anna Tyler
Guillerma Villanueva
Eldora White

MASS INTENTIONS

February 8, 2026

Jon Harvey

Richard Jarvis

February 15, 2026

Angela McDonald

Angela Dearing

February 22, 2026

Michael Rachal

Vicky Rachal

Fr. Nixon Mullert, SSJ

Vicy Scott

March 1, 2026

Smith Carson, Jr.

Marcus Sinclair

Dr. Donald Burkhart

March 8, 2026

Victor & Suzanne Fileccia

Sam Stratos

Fr. Edward Prus

March 15, 2026

Mary Cuningham

Greg McCaffrey

Kevin Scully

Michael Ayoub

March 22, 2026

Lisa Little

Gerald Miller

Noah Bradley Woodard

Evelyn Marie Verschaeve

TODAY'S READINGS

Isaiah 58: 7-10

(Charity)

Psalms 112: 4-5, 6-7, 8-9

(The Just Man)

First Corinthians 2: 1-5

(Power of the Spirit)

John 8: 12

(Light of Life)

Matthew 5: 13-16

(Light of the World)

**The Holy Father's Intentions
for the Month of
February 2026**

**For children with incurable
diseases**

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

READINGS FOR THE WEEK

Mon., Feb. 09: First Kings 8: 1-7, 9-13; Psalm 132: 6-7, 8-10; Matthew 4: 23; Mark 6: 53-56

Tues., Feb. 10: First Kings 8: 22-23, 27-30; Psalm 84: 3, 4, 5 and 10, 11; Psalms 119: 36, 29b; Mark 7: 1-13

Wed., Feb. 11: First Kings 10: 1-10; Psalms 37: 5-6, 30-31, 39-40; John 17: 17b, 17a; Mark 7: 14-23

Thurs., Feb. 12: First Kings 11: 4-13; Psalm 106: 3-4, 35-36, 37 and 40; James 1: 21bc; Mark 7: 24-30

Fri., Feb. 13: First Kings 11: 29-32; 12: 19; Psalm 81: 10-11ab, 12-13, 14-15; Acts 16: 14b; Mark 7: 31-37

Sat., Feb. 14: First Kings 12: 26-32; 13: 33-34; Psalm 106: 6-7ab, 19-20, 21-22; Matthew 4: 4b; Mark 8: 1-10

Sun., Feb. 15: Sirach 15: 15-20; Psalm 119: 1-2, 4-5, 17-18, 33-34; First Corinthians 2: 6-10; Matthew 11: 25; Matthew 5: 17-37

STEWARDSHIP MINUTE

Contagious Stewardship

"Let your light shine before others, that they may see your good works and give glory to your Father who is in heaven." MATTHEW 5:16

The generosity of being a good Steward of your gifts has a positive effect on people, and it is contagious! Good works encourages more good works. Generosity is a by-product of a grateful lifestyle. The more we recognize God's gifts, the more we want to share them. Good stewards recognize that God is working through them, and they don't put themselves above the people they have been called to help.

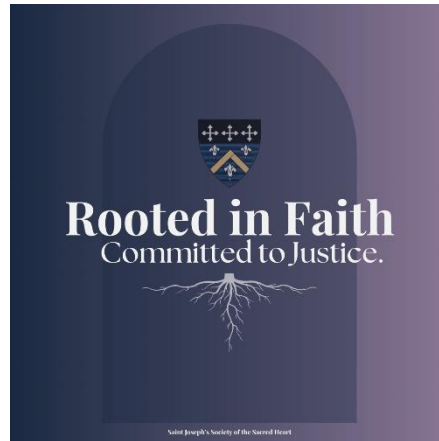
COLLECTION INFO

02/01/26

Collection \$ 1,499.58

Online \$ 1,297.00

TOTAL \$ 2,796.58



With great sadness, we, the Community of the Saint Joseph Society of the Sacred Heart (The Josephites), including our members and the faithful in our parishes continue to grieve the loss of human life, including the recent deaths of Renée Nicole Good and Alex Jeffrey Pretti at the hands of federal immigration enforcement agents in Minneapolis. These deaths have caused deep pain within our families and our communities and we call for justice and accountability.

Additionally, we continue to be confronted with a callous disregard for human life and dignity, driven by racism and xenophobia that targets Black and Brown people. As a people of faith who are grounded in the Gospel, we reaffirm the sacred dignity of every human life, created in the image and likeness of God. We have a teaching and tradition of embracing and welcoming immigrants. We support their presence and encourage their flourishing.

In this moment, we call upon all of God's people to respond with prayerful hearts, earnest reflection, and bold conscience.

We invite you to join us in prayer to seek a peace that only Christ can give, and to pray for healing for the wounded and grieving. We especially encourage praying of the rosary for mercy and justice in our land, and seeking the intercession of our Blessed Mother.

Let us ask ourselves: How am I being called to act in this moment? The Holy Spirit emboldens us to be instruments of peace, protectors of life, and faithful advocates for those who are rendered powerless by injustice.

Let us both pray and move toward faithful action:

- Contact your elected officials — urge them to uphold human dignity, protect the vulnerable, and insist on transparency and accountability from all authorities. House and Senate switchboard number: (202) 224-3121
 - Tell policy makers to resist policies and practices that dehumanize our neighbors.
 - Actively Support peaceful and lawful efforts toward reform and reconciliation.
-



WE NEED YOUR HOMEMADE SOUP!

Please sign up to bring a crockpot of your favorite soup
for the Parish Meal – Sunday, March 8th

Sign Up sheet at the back of church

For questions, see Janis Ayoub

Parish Nurse News and Notes

Caring for Your Heart

February is often known as Heart Health Month, a good reminder that our hearts deserve daily care. Scripture reminds us that our bodies are temples of the Holy Spirit (1 Corinthians 6:19), and caring for our physical health helps us better serve God and one another.

Simple habits can make a big difference: stay active with regular exercise, choose heart-healthy foods like fruits, vegetables, and whole grains, manage stress through prayer or quiet reflection, and keep regular checkups with your healthcare provider. If you smoke, consider seeking support to quit, and be mindful of blood pressure and cholesterol levels.

Taking small steps today can strengthen your heart for years to come. If you have questions or need health resources, I am always happy to help.

We were sorry we had to cancel last week's Blood Pressure screening, but the weather conditions were bad and driving conditions were dangerous at times. Our next blood pressure screening will be on February 22, 2026 after [mass. We](#) need volunteers to help us, if you are interested, see me after church. You will have to take a protecting God's children class before volunteering.

Our pre-diabetes class is ongoing.

*Peace. Your Parish Nurse
Mary Catherine Wright RN*

ST. CHARLES BORROMEIO CHURCH

1491 Baldwin Avenue
Detroit, MI 48214

January 14, 2026

Regarding: Updated Protecting God's Children Information from the Archdiocese of Detroit

ARCHDIOCESE OF DETROIT RE-CERTIFICATION POLICY

(Revised January 2026)

To work or volunteer in the Archdiocese of Detroit, all clergy, staff, and volunteers:

- Must attend original 3 hr. VIRTUS® "Protecting God's Children" Adult Awareness Session,
- **Must re-certify every three years on/or before the expiration date on the face of their current certificate. See the sample dateline below. The participant has 30 days after their expiration date to complete the recertification; if not, they must be inactivated in VIRTUS and will not be able to work or volunteer until completion of training.**

<u>"Protecting God's Children" Training</u>	<u>1st Recertification Year</u>	<u>2nd Recertification Year</u>
2023	2026	2029
2024	2027	2030
2025	2028	2031
2026	2029	2032

Option #1 Retake VIRTUS® 3 hr. "Protecting God's Children."

Option #2: VIRTUS® 30 minute "Teaching Boundaries and Safety Online Module 2.0" Recertification

Participants whose current certificate has not yet expired may attend 30 minute. "Teaching Boundaries and Safety Online Module 2.0" recertification. This module is an online training that provides best practices for employees, volunteers, caring adults and parents, equipping them on how to be better protectors of children, and on how to teach children to better protect themselves. This online module builds from the foundation of the Teaching Boundaries and Safety Guide™, and provides easy conversation starters, bulleted tips and quick summaries of pertinent information.

Important Notice

Participants must keep their original VIRTUS® Protecting All God's Children and any additional recertification certificates as proof of compliance, which can be located when logging into the VIRTUS platform. Only a "copy" of the certificate should be given to the parish/school where you work or volunteer.

*The Office of Safe Environments will be performing a **mass deactivation on January 30th at 11am (EST).** Anyone who has not logged into their VIRTUS account in the last four years will be inactivated. We are conducting this mass deactivation because the recertification requirement is every three years, and anyone who hasn't logged into their VIRTUS account in four+ years is out of compliance.*

Anyone who is in a volunteer role needs to have in their roles and location box indicate whether or not they volunteer 3 or more times a year OR if they volunteer three or less times a year as it is required that we track this information per the USCCB.

If you have any questions please contact me at the parish office.

Rhonda Gilbert
Pastoral Associate

313.331.0253 (phone) 313.331.4834 (fax) stcharlesborromeodetroit@yahoo.com
www.stcharlesdetroit.org

If you have any questions about Protecting God's Children, including your account, requirements, restarting your registration, or requirements you must meet to work or volunteer at St. Charles, please see Marian Harvey.

Detroit Eastside Family Parish Information and Mass Times

St Charles Borromeo Detroit

1491 Baldwin

Detroit, MI 48214

313-331-0253

www.stcharlesborromeodetroit.org

stcharlesborromeodetroit@yahoo.com

Sunday: 11:30am

Friday: 11am in rectory

Live Stream & YouTube

Nativity of Our Lord

5900 McClellan

Detroit, MI 48213

313-922-0033

www.nativitydetroit.org

nativityol@sbcglobal.net

Sunday 9:30am

Thursday: Holy Hour 8am; Mass 9am

Live Stream and YouTube

St Augustine & St Monica

4151 Seminole

Detroit, MI 48214

313-921-4107

www.saintamparish.org

office@saintamparish.org

Sunday: 10am

Wednesday: 9am

St. Jude

15889 Seven Mile E ·

Detroit, MI 48205

313-527-0380

stjudedetroit.org

Sunday: 10:30am

Saturday: 4pm

Sacred Heart

1000 Eliot St.

Detroit, MI 48207

313-831-1356

www.sacredheartdetroit.com

info@sacredheart.com

Sunday: 8am and 10am

Tuesday: 5pm

Saturday: 5pm

St. Elizabeth

3138 E. Canfield St.

Detroit, MI 48207

313-921-9225

www.stelizabethdetroit.org

saintelizabethchurchofdetroit@gmail.com

Sunday: 12:00pm

St. Raymond – Our Lady of Good Council

20103 Joann

Detroit, MI 48205

313-527-0525

www.straymondolg.org

Sunday: 10:30am

Tuesday: 8:30am

Thursday: 8:30am

Our Lady Queen of Heaven/Good Shepherd

8200 Rolyat St.

Detroit, MI 48234

313-891-4553

ourladyofgoodshepherd.org

Sunday: 9am

Tuesday: 10:30am

Thursday: 10:30am

Friday: 10:30am

Saturday: 4pm

February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11:30am Mass <i>Community Meal</i> Diabetes Class	2	3	4 Bible Study 6pm	5 Faith & Fellowship 4:30pm-7pm Online PGC 6pm	6 11am Mass in Rectory	7 In-Person PGC Holy Name Parish Birmingham 9am
8 11:30am Mass <i>Community Meal</i> Diabetes Class	9	10 Blvd. <i>Ministry Visits</i> 10am	11 <i>Bible Study</i> 6pm	12 Faith & Fellowship 4:30pm-7pm	13 11am Mass in Rectory	14
15 11:30am Mass <i>Community Meal</i> Diabetes Class	16	17 Blvd. <i>Ministry Visits</i> 10am Online PGC 6pm PGC—Sacred Heart Detroit 6pm	18 <i>Ash Wednesday</i> Mass at St. Charles 6pm	19 Faith & Fellowship 4:30pm-7pm	20 11am Mass in Rectory	21
22 1st Sunday of Lent 11:30am Mass <i>Community Meal</i> Diabetes Class Blood Pressure Screening	23 Online PGC 6pm	24	25 <i>Bible Study</i> 6pm	26 Faith & Fellowship 4:30pm-7pm	27 11am Mass in Rectory	28

St Charles Borromeo

1491 Baldwin St., Detroit, MI 48214
(313) 331-0253 (Fax 313-331-4834)

St. Charles Office Hours:

Monday, 10am to 3pm
Tuesday, Wednesday, Thursday, 9am to 4pm
Friday, 9am to 3pm

Pastoral Team

Fr. Francis Asomkase, SSJ, Priest in Solidum and Moderator
Fr. Richard Baumann, Priest in Solidum
Reverend Charles Nwamadi, SSJ, Priest in Solidum
Fr. David Preuss, OFM, CAP, Priest in Solidum
Deacon Joseph Jones
Edward Cotton – Mission Support Director
Rhonda Gilbert – Pastoral Associate
Joan Jacobs & Angie Kadowaki – Boulevard Ministry Ministers
Mary Catherine Wright – Parish Nurse

Council Members: Naim Edwards (Chairperson), Angela Kadawaki, Dennis Ballard (Vice-Chairperson), Patricia Ballard, Alex Grabowski, Marian Harvey (Secretary), Freddie Henry, Mary Ellen Howard, Bruce McDonald, Mikhail Perkins, Richard Preuss, Linda Simpkins

**AOD Restructuring
St. Charles Parish
Leaders**

Doris Allen
Alex Grabowski
Joan Jacobs
Bruce McDonald
Richard Preuss

**Parish Point Person of
Contact**

Rhonda Gilbert

St. Charles Mission Statement

St. Charles Borromeo, a diverse urban parish of Detroit, is rooted in Christ's Gospel and Catholic tradition. We strive to build a community of faith through education, worship, and evangelization. We are called to carry on Christ's ministry to our brothers and sisters, especially the sick and their families, the elderly, youth, and the disabled. With Mary as our example of unconditional love, we strive to welcome everyone to share joyfully in the peace, love and salvation of Jesus Christ. We acknowledge that it is the Holy Spirit who calls and empowers us, who strengthens and renews us, and who gives us the will to continue our mission, until Jesus comes.

St Charles Website: www.stcharlesdetroit.org
Email: stcharlesborromeodetroit@yahoo.com

Facebook: St. Charles Borromeo Parish - Detroit MI
YouTube: www.youtube.com/@st.charlesborromeodetroit



Online Giving

Go to the giving site at:

<https://giving.parishsoft.com/app/giving/stcharlesdetroit>